

BOWLS

All of our bowls are gluten-free.

All sauces and marinades made in-house marked GCC are goop Certified Clean (no processed sugars, processed foods, gluten, soy, dairy, peanuts, or preservatives).

Our Mary's chicken is organic and free-range, and our salmon is Big Glory Bay, which is a Green-Best Choice of the Monterey Bay Seafood Watch™ Program and 4 Star Best Aquaculture Practices Certified.

THE GOOP TERIYAKI BOWL \$14.50

Grilled Mary's organic chicken, umami rice blend (shiitake, brown and cauliflower rice), marinated kale, avocado, house-made furikake, Japanese pickled cucumbers, Gyocha's pickled ginger, and a side of GCC teriyaki sauce

Sub BBQ-glazed tofu, no charge | Big Glory Bay miso-glazed salmon, \$4

GLUTEN-FREE | DAIRY-FREE

MUSHROOM CARNITAS BOWL \$12.95

Slow-roasted mushrooms, heirloom adobo black beans, avocado, crispy arroz verde (brown and cauliflower rice blend), carrot pico de gallo, pickled red onions, and a side of nondairy lime crema and GCC arbol-amarillo chili salsa

Sub Mary's organic grilled chicken, \$2

GLUTEN-FREE | DAIRY-FREE | PLANT-BASED (CONTAINS HONEY)

BANCHAN BOWL \$12.95

An ode to our favorite Korean side dishes: BBQ-glazed tofu, japchae (sweet potato glass noodles with veggies), marinated kale, 7-minute egg, kimchi, spicy cucumbers, crispy shallots and garlic, and a side of GCC gochujang (chili paste)

Sub Mary's organic grilled chicken, \$2 | Big Glory Bay miso-glazed salmon, \$4

GLUTEN-FREE | DAIRY-FREE | VEGETARIAN

Remove egg to make it plant-based (contains honey)

THE GOOP MEZZE PLATTER \$12.95

GP's soccata (a blend of chickpeas, kale, and feta, roasted and pan-seared), cucumber and fennel salad, feta, tomatoes, pickled red onions, marinated chickpeas, muhammara, spice-scented quinoa and brown rice blend with caramelized onions, and nondairy tzatziki and GCC spicy harissa

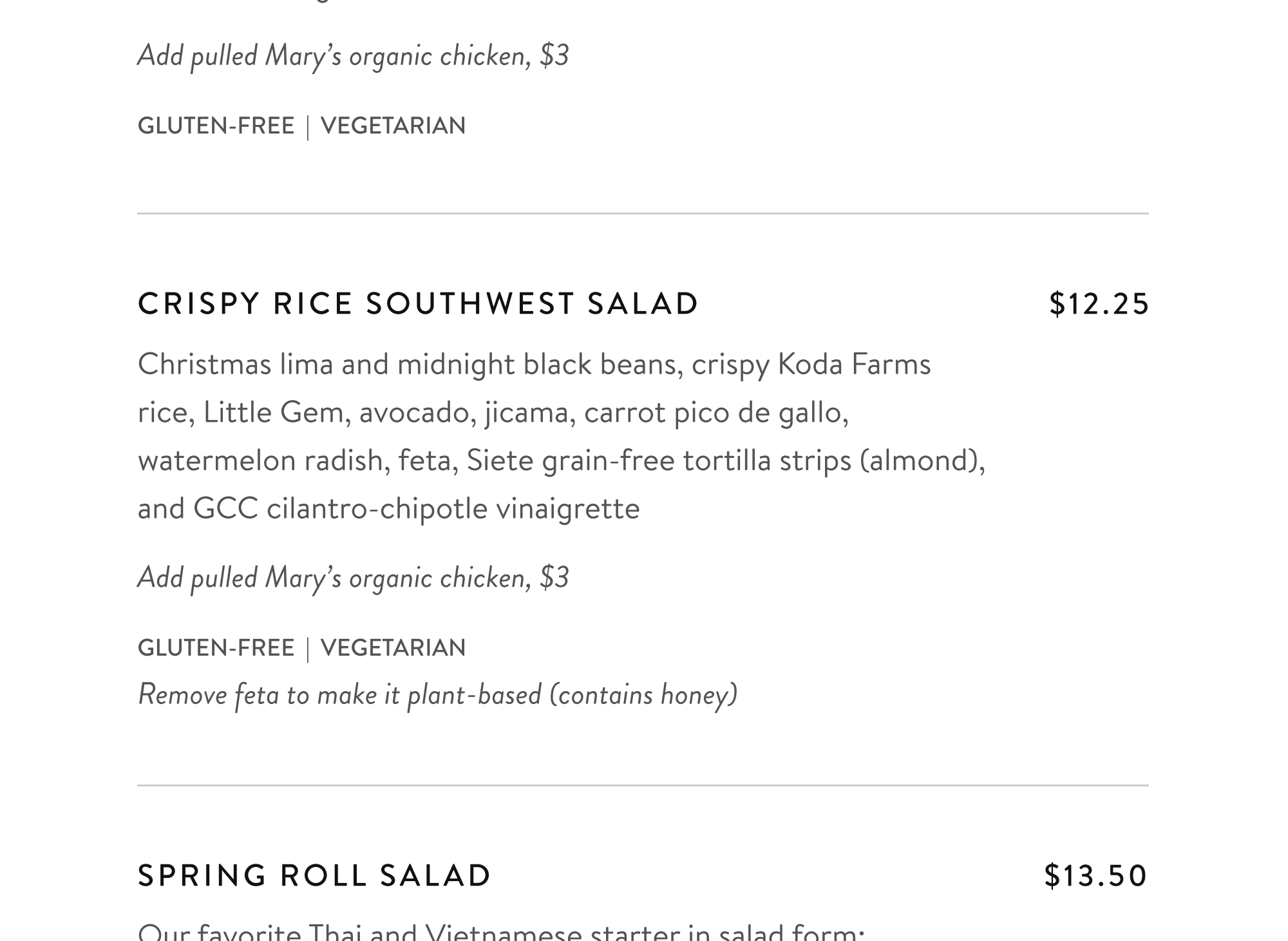
Sub Mary's organic Mediterranean-seasoned chicken, \$2

GLUTEN-FREE | VEGETARIAN

SPRING SALMON BOWL \$15.95

Pan-seared Big Glory Bay salmon with GCC chimichurri sauce, spring veg, Koda Farms organic brown rice and cauliflower blend, fennel salad, braised greens, and crispy shallots topped with superseed crunchies

GLUTEN-FREE | DAIRY-FREE



SALADS

All of our salads are gluten-free.

All dressings made in-house marked GCC are goop Certified Clean (no processed sugars, processed foods, gluten, soy, dairy, peanuts, or preservatives).

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GP'S COBB \$11.95

Moku mushroom "bacon," 7-minute egg, avocado, mild blue cheese, roasted golden beets, fresh herbs, Mama Lil's peppers and pickled shishitos, Little Gem, radicchio, and GCC Dijon mustard vinaigrette

Add pulled Mary's organic chicken, \$3

GLUTEN-FREE | VEGETARIAN

CRISPY RICE SOUTHWEST SALAD \$12.25

Christmas lima and midnight black beans, crispy Koda Farms rice, Little Gem, avocado, jicama, carrot pico de gallo, watermelon radish, feta, Siete grain-free tortilla strips (almond), and GCC cilantro-chipotle vinaigrette

Add pulled Mary's organic chicken, \$3

GLUTEN-FREE | VEGETARIAN

Remove feta to make it plant-based (contains honey)

SPRING ROLL SALAD \$13.50

Our favorite Thai and Vietnamese starter in salad form: hand-pulled Mary's organic chicken, marinated glass noodles, crunchy slaw (zucchini, cabbage, romaine, carrots, and snow peas), mint, cilantro, turmeric cashews, pickled Fresno chilies, and GCC cashew satay-nuoc cham vinaigrette

GLUTEN-FREE | DAIRY-FREE

BRENTWOOD CHINESE CHICKEN SALAD \$13.95

Our take on the not-so-traditional classic: hand-pulled Mary's organic chicken, bok choy, cabbage, and romaine blend, avocado, watermelon radish, snow peas, Gyocha's pickled ginger, Siete grain-free "wontons" (almond), toasted quinoa, cilantro, roasted almonds, sesame seeds, crispy shallots and garlic, and GCC carrot-ginger vinaigrette

GLUTEN-FREE | DAIRY-FREE

SUPREMA CHOPPED \$13.50

Zoe's nitrate-free turkey salami, heirloom Christmas lima beans, chickpeas, insalata mista, Mama Lil's peppers, mixed olives, pickled shishitos, marinated fresh mozzarella, shaved red onions, tomatoes, and shallot-parm vinaigrette

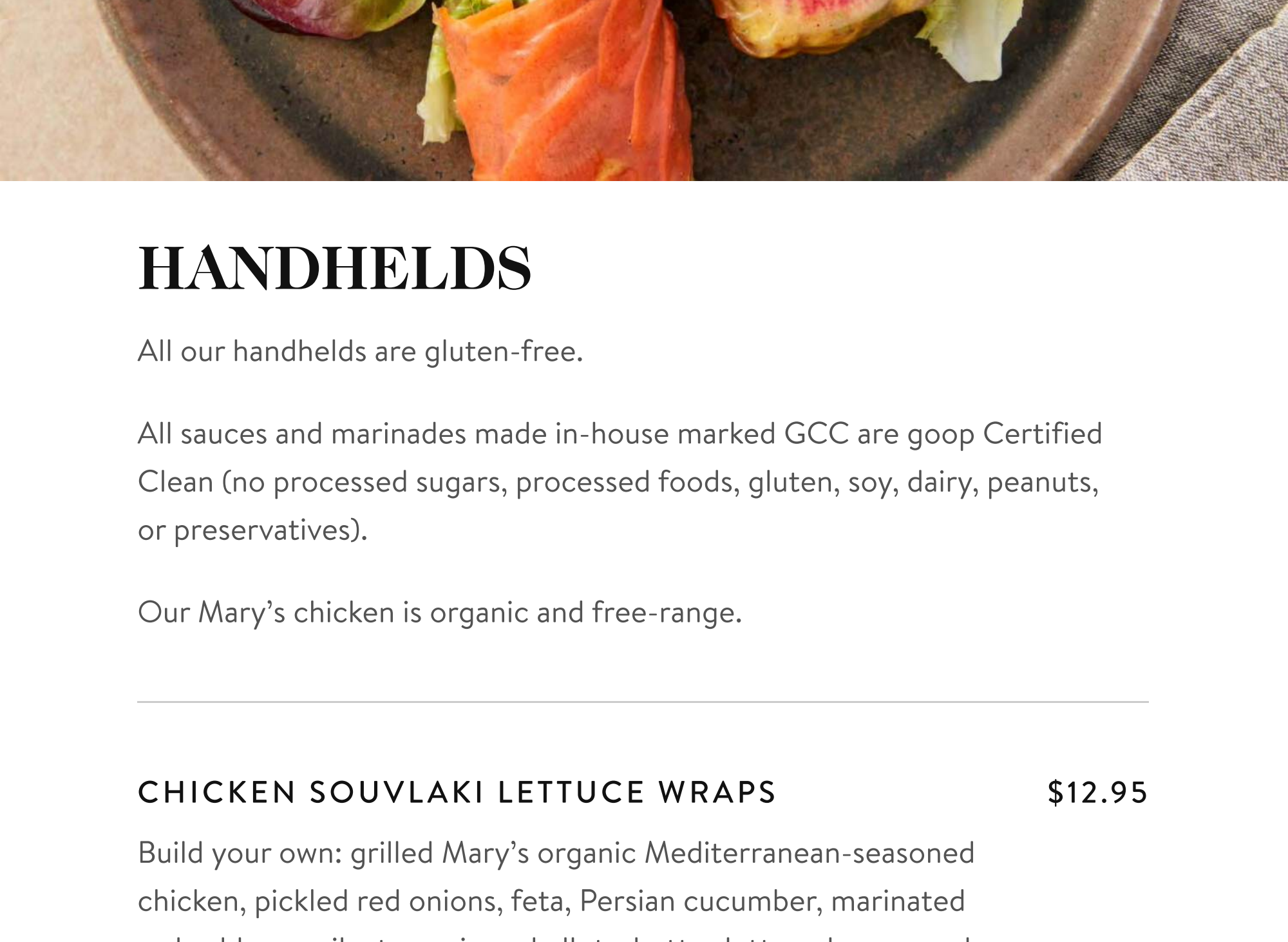
Add pulled Mary's organic chicken, \$3

GLUTEN-FREE

MISO SALMON SALAD \$15.95

Big Glory Bay miso-glazed salmon, roasted purple sweet potatoes, long beans, 7-minute egg, house-made furikake, snow peas, watermelon radish, pickled shishitos, organic farmers' market greens, and GCC miso vinaigrette

GLUTEN-FREE | DAIRY-FREE



HANDHELDS

All our handhelds are gluten-free.

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CHICKEN SOUVLAKI LETTUCE WRAPS \$12.95

Build your own: grilled Mary's organic Mediterranean-seasoned chicken, pickled red onions, feta, Persian cucumber, marinated red cabbage, cilantro, crispy shallots, butter lettuce leaves, and a side of nondairy tzatziki and GCC spicy harissa

Sub GP's soccata (a blend of chickpeas, kale, and feta, roasted and pan-seared), no charge

GLUTEN-FREE

MUSHROOM "AL PASTOR" LETTUCE WRAPS \$12.25

Build your own: roasted mushrooms with chili glaze, pineapple-mango salsa, avocado, carrot pico de gallo, pickled red onions, heirloom three-bean salad, Siete grain-free tortilla strips (almond), butter lettuce leaves, and a side of nondairy lime crema and GCC arbol-amarillo chili salsa

Sub Mary's organic grilled chicken, \$2

GLUTEN-FREE | DAIRY-FREE | PLANT-BASED (CONTAINS HONEY)

CHICKEN SALAD LETTUCE WRAPS \$12.95

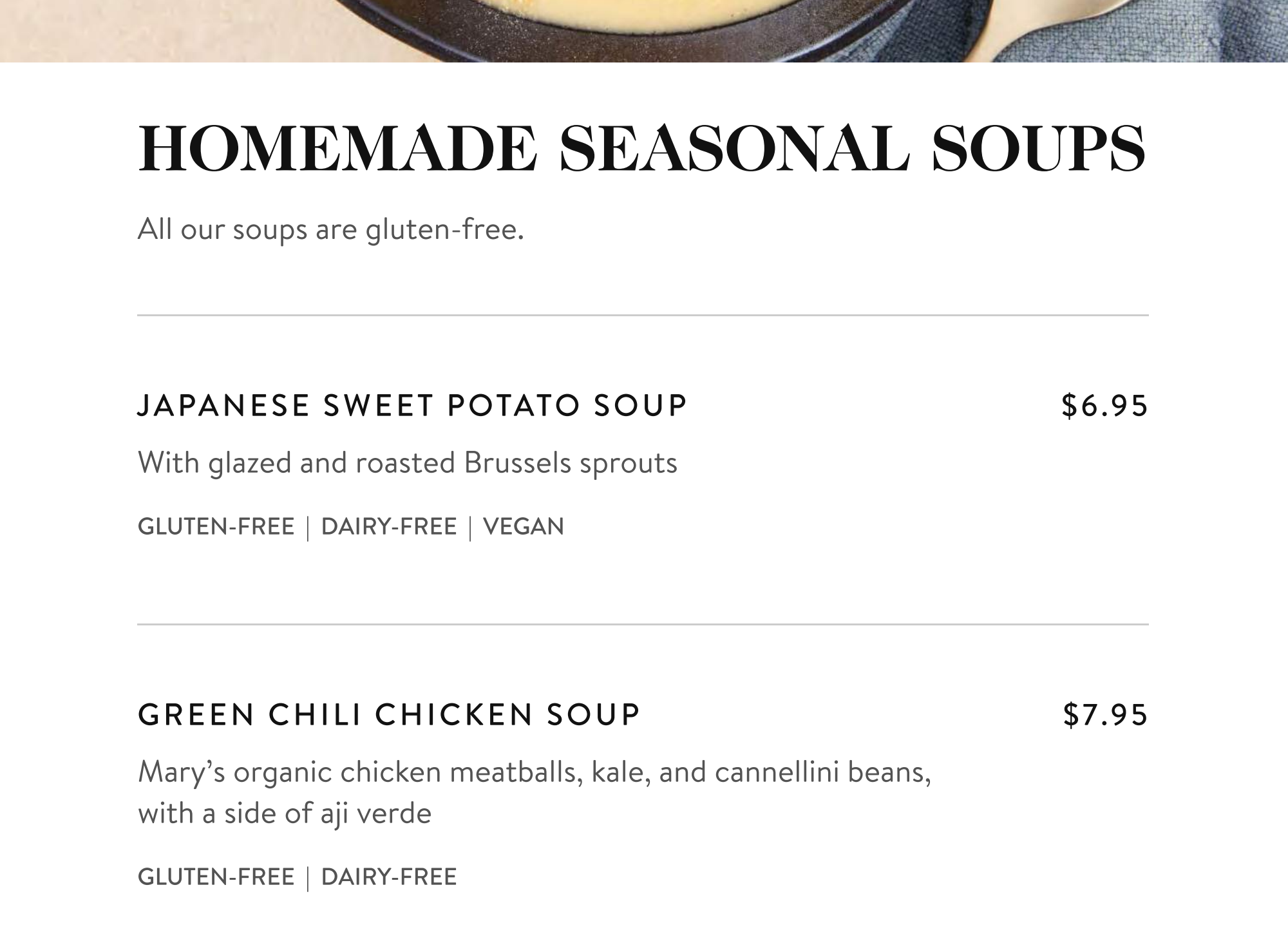
Build your own: hand-pulled Mary's organic chicken salad, pickled red onions, avocado, marinated tomatoes, cucumber and fennel salad, Mama Lil's peppers and pickled shishitos, butter lettuce leaves, and a side of nondairy ranch

GLUTEN-FREE | DAIRY-FREE

CURRY CHICKEN SALAD SUMMER ROLLS \$11.95

A duo of brown-rice-paper-wrapped Mary's organic curry chicken salad with watermelon radish, carrots, sprouts, collard greens, and a side of GCC pineapple-mango chutney

GLUTEN-FREE | DAIRY-FREE



HOMEMADE SEASONAL SOUPS

All our soups are gluten-free.

JAPANESE SWEET POTATO SOUP \$6.95

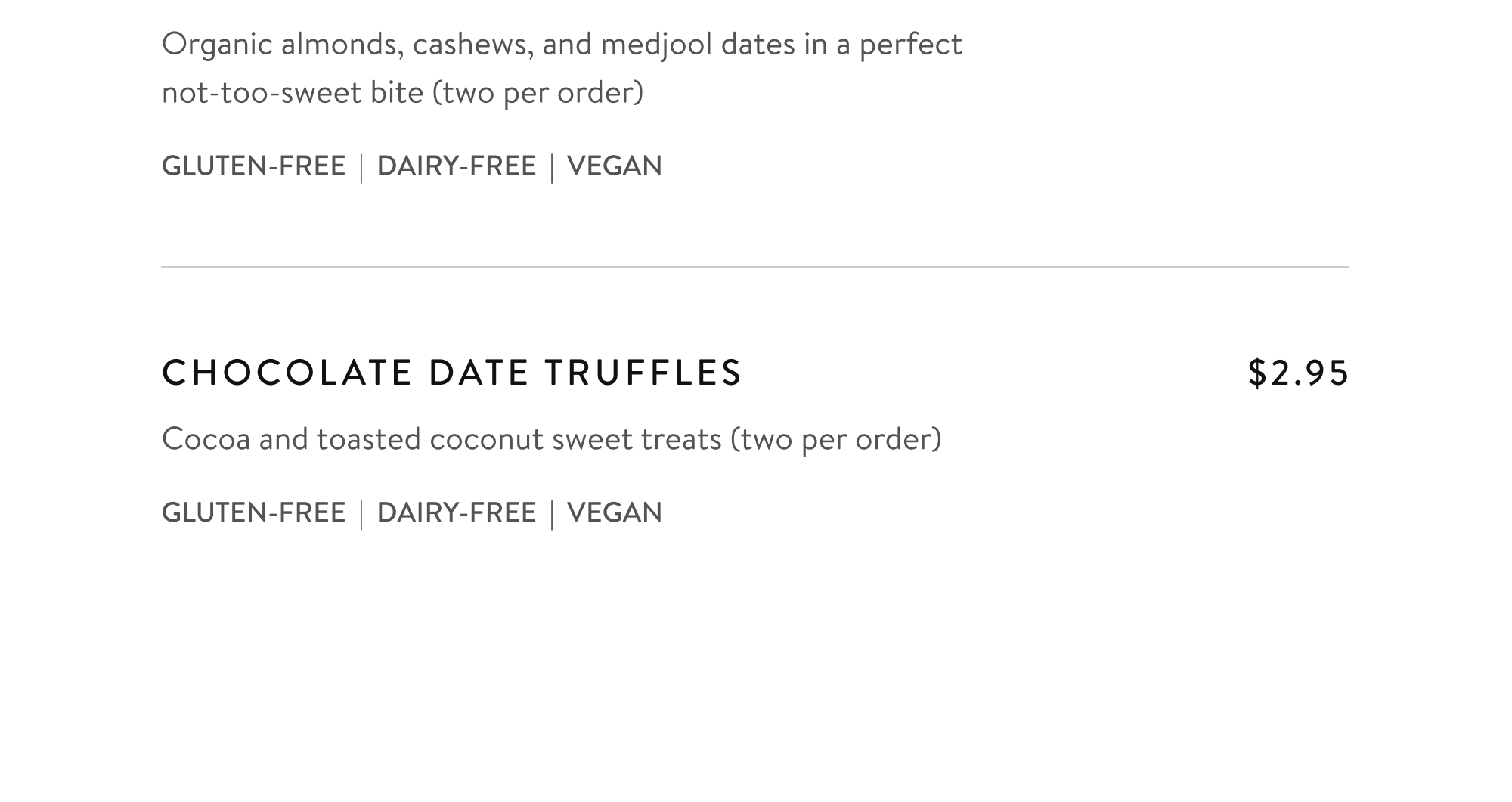
With glazed and roasted Brussels sprouts

GLUTEN-FREE | DAIRY-FREE | VEGAN

GREEN CHILI CHICKEN SOUP \$7.95

Mary's organic chicken meatballs, kale, and cannellini beans, with a side of aji verde

GLUTEN-FREE | DAIRY-FREE



DESSERTS

All our desserts are gluten-free.

COCO CHOCOLATE CHIP COOKIES \$3.95

Two almond flour chocolate chip cookies with toasted coconut flakes

GLUTEN-FREE | DAIRY-FREE | VEGAN

NUTTY DATE TRUFFLES \$2.95

Organic almonds, cashews, and medjool dates in a perfect not-too-sweet bite (two per order)

GLUTEN-FREE | DAIRY-FREE | VEGAN

CHOCOLATE DATE TRUFFLES \$2.95

Cocoa and toasted coconut sweet treats (two per order)

GLUTEN-FREE | DAIRY-FREE | VEGAN