

Aside from a peaceful physical transition, what do you think makes a good death? Have you been who you need to be to truly let go, to be at peace? Why? Why not?

WHAT'S YOUR STORY?

In order to die a good death, I need to

I'm having trouble doing this because

If I don't do this, I will die feeling

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 sounds true  
WAKING UP THE WORLD

“*What’s Your Story?* is a meditation on purposeful being, thinking, and action. It offers a clear and attainable blueprint for unbinding ourselves from the stories of who we once were and sets us on a path of who we are becoming. It is the book we need to carry us through this moment.”

**LATHAM THOMAS**

*founder of Mama Glow,  
author of Own Your Glow*

“Rebecca Walker and Lily Diamond have created a powerful workbook to rewrite your life—to transform the scripts you’ve inherited into the narratives you choose.”

**ESTHER PEREL**

*New York Times bestselling  
author, therapist, and  
podcast host*

“This journal is beautiful. It will help you find your voice and, finally, hold it sacred.”

**CLEO WADE**

*author of Heart Talk and  
Where to Begin*

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A JOURNAL FOR

YOUR

EVERYDAY EVOLUTION

STORY?

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