Aside from a peaceful physical transition, what do you think makes a good death? Have you been who you need to be to truly let go, to be at peace? Why? Why not?
In order to die a good death, I need to

I’m having trouble doing this because

If I don’t do this, I will die feeling
What’s Your Story? is a meditation on purposeful being, thinking, and action. It offers a clear and attainable blueprint for unbinding ourselves from the stories of who we once were and sets us on a path of who we are becoming. It is the book we need to carry us through this moment.”

LATHAM THOMAS
founder of Mama Glow, author of Own Your Glow

“Rebecca Walker and Lily Diamond have created a powerful workbook to rewrite your life—to transform the scripts you’ve inherited into the narratives you choose.”

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CLEO WADE
author of Heart Talk and Where to Begin